

Resource List for Other Coverage Options



The organizations listed below may be able to help you with health care coverage. This list is for informational purposes only. Information was pulled directly from the organization's website.

ORGANIZATION	WEBSITE	PHONE NUMBER	COMMENTS
General			
Alien Emergency Medical (AEM)	www.dshs.wa.gov	1-800-865-7801	A program for non-U.S. citizens with a serious medical condition. It helps pay for medical treatment and bills. Non-citizens, qualified and non-qualified aliens, and visitors may apply for it. You must meet income and asset requirements.
Abused Deaf Women's Advocacy Services	http://www.adwas.org/	1-800-799-7233 TTY: 1-800-787-3224	Services to deaf and deaf-blind victims of sexual assault and/or domestic violence.
Aging and Disability Services Administration (ADSA)	http://www.aasa.dshs.wa.gov/	1-800-422-3263	Senior Resources - DSHS - provides information about in-home care, other housing options, paying for care, and other resources
ADSA Community Services Resource Directory	http://www.aasa.dshs.wa.gov/Resources/clickmap.htm	1-800-422-3264	Senior Resources - DSHS - covers senior information and assistance, home and community services, family caregiver support, area agency, long term care ombudsmen, and adult protective services.
Alzheimer's Association	http://www.alz.org/index.asp	1-800-272-3900	Leading voluntary health organization in Alzheimer care, support, and research.
American Cancer Society	http://www.cancer.org/docroot/home/index.asp	1-800-227-2345	Information and resources about cancer.
American Diabetes Association	http://www.diabetes.org/	1-800-342-2383	The Association funds research to prevent, cure and manage diabetes; delivers services to hundreds of communities; provides objective and credible information; and gives voice to those denied their rights because of diabetes.
American Heart Association	http://americanheart.org	1-800-242-8721	Information and resources about heart disease.
ARC (Advocates for the Rights of Citizens with Developmental Disabilities)	http://www.arcwa.org	1-888-754-8798	The ARC advocates for people with developmental disabilities and includes programs that provide referrals to services in local communities and emotional support and information to families of children with special needs and/or disabilities.
Arthritis Foundation	http://www.arthritis.org/	1-800-283-7800	Information and resources about arthritis.
Asuris Northwest Health	www.asurisonorthwesthealth.com	1-866-704-2708	Individual Coverage
Behavioral Health Resources	www.bhr.org	1-800-825-4820 360-704-7170	Mental health and addiction recovery.
Brain Injury Association of Washington	http://biawa.org/	1-877-824-1766	Information and resources about brain injuries.
Center for Disease Control and Prevention	http://www.cdc.gov/	1-800-CDC-INFO (1-800-232-4636)	Federal agency
Center for Medicare and Medicaid Services	http://www.cms.hhs.gov/	1-800-MEDICARE (1-800-633-4227)	Federal - administers Medicare, Medicaid, and the Children's Health Insurance Programs (CHIP)
Community Health Clinics - Association of Community and Migrant Health Centers	www.wacmhc.org/chcswashington.html	360-786-9722	These clinics offer health services for the entire community on a sliding scale.
Community Services for the Blind & Partially Sighted	http://www.csbps.com/	1-800-458-4888	
Deaf Web Washington	http://deafweb.org/		
Department of Developmental Disabilities (DDD)	http://www.dshs.wa.gov/ddd	360-725-3413	The DDD assists individuals with developmental disabilities and their families to obtain services and support based on individual preference, capabilities, and needs.
Department of Health and Human Services	http://www.dhhs.gov/	1-877-696-6775	Federal - protects the health of Americans and provides essential human services, especially for people least able to help themselves
DSHS Medical Assistance	http://fortress.wa.gov/dshs/maa/HRSAClient.htm	1-800-562-3022	Several health care options through your local DSHS Community Service Office (CSO)
Early Intervention Program (EIP)		1-800-272-2437	If you have HIV, this program can provide financial help for medical and dental coverage, and prescription drugs. If you eligible, the program also provides help with paying insurance premiums.
Easter Seals	http://www.easterseals.com/site/PageServer	1-800-221-6827	Resources for people living with autism and other disabilities
Evergreen Health Insurance Program (EHIP)	www.ehip.org	1-800-945-4256	If you have AIDS, this program may help you pay your insurance premiums.
Family Planning Program	http://fortress.wa.gov/dshs/maa/FamilyPlan/	1-800-562-3022	DSHS - Family Planning Services
Free Clinic of SW Washington	http://www.freeclinics.org/	360-313-1390	Provide and facilitate access to free, compassionate, quality health care for children and adults who are otherwise unable to access such services.

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General Assistance Unemployable (GAU)	www.dshs.wa.gov	1-800-865-7801	GAU provides cash and medical benefits to people who are physically and/or mentally incapacitated and unemployable for 90 days from the date of application. Medical care is limited. Immigrants can also apply for this program. You must meet disability, income, and asset requirements.
Group Health Cooperative	www.ghc.org	1-800-358-8815	Individual Coverage
Healthcare for Workers with Disabilities Program		1-800-337-1835	This program is for people with disabilities age 16-24. You must be working and have a monthly net income at or below 220 percent of the federal poverty level.
healthfinder	http://www.healthfinder.gov/		Federal - find reliable health-related organizations
Healthy Options	http://fortress.wa.gov/dshs/maa/Healthy-Options/		DSHS - Medicaid managed care program for Adults and Families
Hearing & Speech Deafness Center	http://www.hsdc.org/	TTY: 1-800-761-2821 1-888-222-5036	
Hospital Charity Care		Local Hospital	All hospitals in Washington state offer this program to people who cannot pay their medical bills. They provide either free care or at reduced prices to limited income people. Also, many hospitals offer financial assistance programs. You must meet income requirements.
Indian Health Services (HIS)		503-326-2020	This is a federal program for American Indians and Alaska natives. HIS may provide services to Indians of Canadian or Mexican origin, or to non-Indian women pregnant with an eligible American Indian child.
Internal Revenue Service (IRS)	http://www.irs.gov/	1-800-829-1040	Federal - find out about tax deductions fro medical expenses
KPS Health Plans	www.kpshealthplans.com	1-800-628-3753	Individual Coverage
Lifelong AIDS Alliance	http://www.lifelongaidsalliance.org/	206-328-8979	Information and resources about AIDS in the Pacific Northwest
Lifewise Health Plan of Washington	www.lifewisewa.com	1-800-592-6804	Individual Coverage
Medicare	http://www.medicare.gov/	1-800-MEDICARE (1-800-633-4227)	Federal Program
Muscular Dystrophy Association (MDA)	http://www.mdausa.org	253-627-7575	MDA is the nonprofit health agency that provides comprehensive health care and support services, MDS summer camps for children, advocacy, and education for families affected by muscular diseases.
National Institutes of Health (NIH)	http://www.nih.gov/	301-402-9612	Federal - Information about preventing, diagnosing, and treating disease and disability
National Multiple Sclerosis Society	http://www.nationalmssociety.org/index.aspx	1-800-344-4867	Information and resources on Multiple Sclerosis
NW Seniors Online	http://www.scn.org/people/seniors/	206-406-2298	Senior Resources - a resource for older residents living in the Puget Sound area
Office of the Insurance Commissioner	www.oic.wa.gov	1-800-562-6900	
Paralyzed Veterans of America	http://www.pva.org/site/PageServer	1-800-555-9140	
Partnerships for Action. Voices for Empowerment (PAVE)	http://www.waspave.org	1-800-5-PARENT	PAVE is a parent directed organization that works with families,, individuals with disabilities, professionals, and community member in all walks of life and with all types of disabilities.
Premera Blue Cross	www.premera.com	1-800-722-1471	Individual Coverage
Regence BlueCross BlueShield of Oregon	www.or.regence.com	1-888-734-3623	Individual Coverage
Regence BlueShield of Idaho	www.id.regence.com	1-888-734-3623	Individual Coverage
Regence BlueShield of Washington	www.wa.regence.com	1-888-734-3623	Individual Coverage
RotaCare Free Health Care Clinic - Hopelink (Bellevue)	http://www.hope-link.org/	425-828-4304	Walk-in clinic offers free health care to those without income, health insurance or access to other health care; pays for prescriptions at Bartell Drug Store
Statewide Health Insurance Benefits Advisors (SHIBA)	www.insurance.wa.gov/shiba	1-800-562-6900	Office of the Insurance Commissioner - Free health care coverage counseling
SHIBA HelpLine Sponsors	http://www.insurance.wa.gov/shiba/shiba_map_ns.shtml		List of county sponsors in Washington
SHIBA Resources	http://www.insurance.wa.gov/shiba/links.shtml		Links from the SHIBA site to other social service agencies and advocacy groups that may assit you
United Cerebral Palsy Foundation (UCP)	http://www.ucp.org/	1-800-872-5827	UCP is a leading service provider and advocate for adults and children with cerebral palsy.
US Citizenship and Immigration Services	http://www.uscis.gov/portal/site/uscis/menuitem	1-800-375-5283	Federal - locate local offices, download forms, or research laws and regulations
US Committee for Refugees and Immigrants	http://www.refugees.org/article.aspx?id=1851&subm=178&area=Particpate	703-310-1130	For nearly 100 years the US Committee for Refugees and Immigrants has acted to address the needs and rights of persons in forced or voluntary migration worldwide by advancing fair and humane public policy, facilitating and providing direct professional services, and promoting the full participation of migrants in community life.
Washington Assistive Technology Alliance	http://watap.org/	1-800-214-8731	Information about assistive technology and accessible information to technology.
Washington Basic Food Program	http://www.dshs.wa.gov/esa/outreach/map.htm	1-800-737-0617	The Basic Food Program helps low-income individuals and families obtain a more nutritious diet by supplementing their income with Basic Food benefits.

ORGANIZATION	WEBSITE	PHONE NUMBER	COMMENTS
Washington State 211	http://www.resourcehouse.com/en/wa/cgi-bin/location.asp?newsearch=Y&suid=601292615	Dial 211 or 1-877-211-9274	Directory used to locate community resources throughout Washington State
Washington State Health Insurance Pool (WSHIP)	www.wship.org	1-800-877-5187	Individual health insurance coverage to state residents rejected for coverage due to medical reasons
WithinReach	http://www.withinreachwa.org/	206-284-2465	Essential resources for family health

Children's Health

Apple Health for Kids	www.applehealthforkids.wa.gov	1-877-543-7669	DSHS - Medical Assistance programs for Children
The ARC (Advocates for the Rights of Citizens with Developmental Disabilities)	http://www.arcwa.org	1-888-754-8798	The ARC advocates for people with developmental disabilities and includes programs that provide referrals to services in local communities and emotional support and information to families of children with special needs and/or disabilities.
Healthy Kids Now!	http://fortress.wa.gov/dshs/maa/Eligibility/HealthyKidsNow.html	1-877-KIDS-NOW (1-877-543-7669)	Children's health insurance - DSHS - for kids under 19
Muscular Dystrophy Association (MDA)	http://www.mdausa.org	253-627-7575	MDA is the nonprofit health agency that provides comprehensive health care and support services, MDS summer camps for children, advocacy, and education for families affected by muscular diseases.
Parent Help 123	http://www.parenthelp123.org/	1-866-585-1123	Connecting you and your family to food and health resources
Partnerships for Action. Voices for Empowerment (PAVE)	http://www.wapave.org	1-800-5-PARENT	PAVE is a parent directed organization that works with families, individuals with disabilities, professionals, and community members in all walks of life and with all types of disabilities.
United Cerebral Palsy Foundation (UCP)	http://www.ucp.org/	1-800-872-5827	UCP is a leading service provider and advocate for adults and children with cerebral palsy.

Dental

Children's Hospital Dental Clinic	http://www.seattlechildrens.org/our_services/dental_medicine/	206-987-2222	Children's Dental Resource for Referral
Clark College in Vancouver	www.clark.edu/dental	360-992-2158	Dental Hygiene Schools
Columbia Basin College	http://www.columbiabasin.edu/home/index.asp?page=650	509-547-0511	Dental Hygiene Schools
DECOD at the University of Washington	http://www.dental.washington.edu/departments/omed/decod.php	206-543-4619	Adults with special needs dental resources
Dental Health Services in Seattle	www.dentalhealthservices.com	1-800-248-8108	Insurance Company
Dental Referral Website	http://www.dental.washington.edu/disability		Adults with special needs dental resources
DentalPlans.com	www.dentalplans.com	1-888-632-5353	Search, compare and choose from more than 30 national and regional money-saving discount dental plans.
Eastern Washington University in Spokane	http://www.ewu.edu/x49763.xml	509-368-6510	Dental Hygiene Schools
Lake Washington Technical College in Kirkland	www.lwtc.ctc.edu	425-739-8130	Dental Hygiene Schools
Local Community Dental Clinics	www.chs.hca.wa.gov		Health Care Authority List
Local Dental Society	http://www.wsda.org/about/societies.view	Check Phone Book	Referrals to dental offices taking new patients and office offering payment plans
Pierce College in Ft. Steilacoom	http://www.pierce.ctc.edu/Denthyg/index.php	253-964-6694	Dental Hygiene Schools
Regence Blue Shield	www.regence.com	1-888-344-8234	Insurance Company
Seattle Central Community College in Seattle	www.sccc.edu/programs/dentalhygiene	206-587-6922	Dental Hygiene Schools
Shoreline in Edmonds	www.shoreline.ctc.edu	206-546-4711	Dental Hygiene Schools
South Puget Sound Community College Dental Clinic	http://www.spscc.ctc.edu/about/offices/dental-clinic.html	360-596-5464	Dental Assisting School
University of Washington Pediatric Clinic	http://www.dental.washington.edu/departments/ped/index.php	206-543-3525	Children's Dental Resource for Referral
Washington State Dental Association	www.wsda.org	206-448-1914	
Washington State Dental Hygienists Association	www.wsdha.com	425-771-3201	
Yakima Valley Community College	www.yvcc.edu/programs/dental	509-574-4920	Dental Hygiene Schools

Prescription

iSafetyNet.org	http://www.isafetynet.org/rx_assistance/washington_rx.asp		A list of prescription drug companies that have some type of program to assist low-income persons with their prescription drug needs.
Partnership for Prescription Assistance	http://www.pparx.org/	1-888-477-2669	Helps qualifying patients without prescription drug coverage get the medicines they need.
Prescription Drug Assistance Foundation	http://www.mtgmeds.org/pdaf.html	1-888-779-2527	Provides low-income, uninsured Washington State residents with prescription medicines at no or low cost. They have several pilot projects across the state to help.

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Prescription Drug Program	www.rx.wa.gov	206-251-2027	Administered by the Washington State Health Care Authority, they have developed several tools, released discount card programs, and pooled resources with other organizations to help with needs for prescription drug purchasing assistance.
Rx Help for WA	http://www.rxhelpforwa.org/	1-877-923-6779	Find a free or discount drug program

Vision

Lions Club	http://www.lionsclubs.org/EN/our-work/sight-programs/index.php	650-571-5466	Help with sight services and donated eyeglasses
Vision USA (American Optometric Association)	http://aoa.org/x5607.xml	1-800-766-4466	Provides basic eye health and vision care services free of charge to uninsured, low-income people and their families.

Women's Health

First Steps	http://fortress.wa.gov/dshs/maa/firststeps/	1-800-562-3022	DSHS - Maternity & Infant Care
Susan G. Komen for the Cure - SW Washington	http://komenoregon.org/Programs_Grants/Mammograms.shtml	1-800-992-1817	Free breast screenings for qualified patients
Washington Breast and Cervical Health Program	http://www.doh.wa.gov/wbchp/default.htm	1-888-438-2247	Free breast and cervical screenings for qualified patients
Washington Women in Need	http://www.wawomeninneed.org/doc/program_physical.htm	1-888-440-WWIN	Provides assistance to low-income women across Washington and covers a wide range of dental services and basic physical/vision/hearing screening exams.

Local Health Departments

Washington State Department of Health	http://www.doh.wa.gov/	1-800-525-0127	State Health Department
Adams County	http://www.co.adams.wa.us/departments/health.asp	509-488-2031	Local Health Department
Asotin County	http://www.asotincountyhealthdistrict.org/	509-758-3344	Local Health Department
Benton-Franklin County	http://www.bfhd.wa.gov/base/index.php	509-460-4200	Local Health Department
Chelan-Douglas County	http://www.cdhd.wa.gov/index.html	509-886-6400	Local Health Department
Clallam County	http://www.clallam.net/HealthServices/	360-417-2274	Local Health Department
Clark County	http://www.clark.wa.gov/public-health/index.asp	360-397-8000	Local Health Department
Columbia County	http://www.columbiaco.com/		Local Health Department
Cowlitz County	http://www.co.cowlitz.wa.us/health/	360-414-5595	Local Health Department
Ferry County (Northeast Tri County Health District)	http://www.netchd.org/	509-684-1301	Local Health Department
Garfield County	http://co.garfield.wa.us/health	509-843-3412	Local Health Department
Grant County	http://www.granthealth.org/	509-754-6060 or 509-766-7960	Local Health Department
Grays Harbor County	http://www.ghphss.org/	800-464-7277	Local Health Department
Island County	http://www.islandcounty.net/health/	360-679-7350	Local Health Department
Jefferson County	http://www.jeffersoncountypublichealth.org/	360-385-9400	Local Health Department
Kitsap County	http://www.kitsapcountyhealth.com/	360-337-5235	Local Health Department
Kititas County	http://www.co.kittitas.wa.us/health/	509-962-7515	Local Health Department
Klickitat County	http://www.klickitatcounty.org/health/	1-888-291-3521 or 1-888-267-1199	Local Health Department
Lewis County	http://lewiscountywa.gov/publichealth	360-740-1223	Local Health Department
Lincoln County	http://www.co.lincoln.wa.us/health/	509-725-1001	Local Health Department
Mason County	http://www.co.mason.wa.us/health/index.php	360-427-9670 ext. 274	Local Health Department
Okanogan County	http://www.okanogancounty.org/ochd/	509-422-7140	Local Health Department
Pacific County	http://www.co.pacific.wa.us/health/index.htm	360-875-9343 or 360-642-9349	Local Health Department
Pend Oreille County (Northeast Tri County Health District)	http://www.netchd.org/	509-684-1301	Local Health Department
San Juan County	http://www.sanjuanco.com/health/default.aspx	360-378-4474	Local Health Department
Seattle/King County	http://www.kingcounty.gov/healthservices/health.aspx	206-296-4600 or 1-800-325-6165	Local Health Department
Skagit County	http://www.skagitcounty.net/Common/asp/default.asp?d=Health&c=General&P=main.htm	360-336-9477	Local Health Department
Skamania County	http://www.skamaniacounty.org/EnvirHealth/EnvirHealth.htm	509-427-3881	Local Health Department
Snohomish County	http://www.snohd.org/	425-339-5200	Local Health Department
Spokane County	http://www.srhhd.org/	509-324-1500 or 1-888-535-0597	Local Health Department

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Stevens County (Northeast Tri County Health District)	http://www.netchd.org/	509-684-1301	Local Health Department
Tacoma/Pierce County	http://www.tpchd.org/index.php	253-798-6500	Local Health Department
Thurston County	http://www.co.thurston.wa.us/health/	360-786-5581	Local Health Department
Wahkiakum County	http://www.doh.wa.gov/PHIP/phdirectory/lhj/wahkiakum/wahkiakum_admin.htm	360-795-6207	Local Health Department
Walla Walla County	http://www.co.walla-walla.wa.us/departments/phd/index.shtml	360-524-2650	Local Health Department
Whatcom County	http://www.co.whatcom.wa.us/health/index.jsp	360-676-6724	Local Health Department
Whitman County	http://www.whitmancounty.org/page.aspx?pn=Public+Health	509-397-6280	Local Health Department
Yakima County	http://www.yakimahealthdistrict.org/	509-575-4040 or 1-800-535-5016	Local Health Department