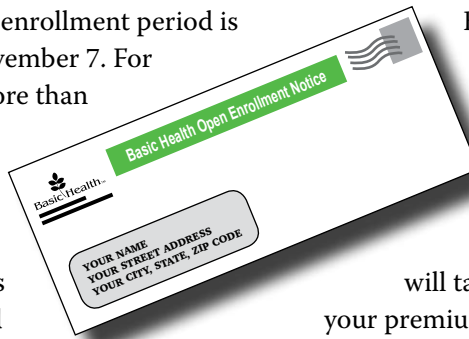


# Open enrollment begins October 13

This year, Basic Health's open enrollment period is from October 13 through November 7. For those living in areas where more than one plan is offered, this is your opportunity to change health plans for 2009.

Everyone can use this time to enroll eligible family members who are not currently covered by Basic Health.

There is a change to your benefits for 2009; be sure to read the article below for details. Copays, deductibles, and out-of-pocket maximums will remain the same. Copays for prescription benefits will not change; however, your health plan's approved list of covered drugs may change with the new calendar year. Contact your health plan for more information.



Be sure to read the information in your open enrollment notice. It will tell you what your premium will be for January 2009, which health plans are available to you, and what you need to do, if anything. Any changes you make during open enrollment will take effect January 1, 2009. This means your premium may change on the bill you receive in November, due December 5.

So watch the mail for your open enrollment notice. It should arrive the week of October 13.

**REMINDER:** Your deductible and out-of-pocket maximum for each covered family member will start over with the new calendar year for those benefits and services subject to deductible and coinsurance.

## Benefit change for 2009

There will be one change to your Basic Health benefits as of January 1, 2009. The 9-month waiting period for routine diabetic care will be waived for a Basic Health member who is diagnosed as a diabetic, or who is identified as a borderline diabetic by their contracted provider. Benefits and services now covered include diabetes education services approved by the health plan, yearly eye exam for diabetic retinopathy, and outpatient services related specifically to routine care. Contact your health plan for more information.

The list of your health plan's covered drugs could change in 2009. Use the list of phone numbers and Web sites on the back of this page to get more information from your plan.



This serves as an official notice of changes to your Basic Health coverage.

# Changes that could affect your premium for 2009

Several things may change your Basic Health premium for 2009. Among them:

- ◆ If you change health plans;
- ◆ If you add coverage for a family member who isn't currently enrolled on your account;
- ◆ If you or an enrolled family member reached age 40, 55, or 65 during 2008 (premium changes based on the member's age take effect January of the following year, no matter when the birthday is); or
- ◆ If anyone in your family gains or loses eligibility for Basic Health, Basic Health *Plus*, or the Maternity Benefits Program.



## Health plan contact information

If there are things that are important to you when choosing a health plan — like keeping your doctor, coverage for certain medications, or whether they offer wellness education classes — be sure to call the health plan and ask about them.

Health plan	Phone numbers	Web site	Customer service hours
<b>Columbia United Providers</b>	1-800-315-7862 or 360-891-1520 TTY/TDD: 1-866-287-9962	<b>www.cuphealth.com</b>	Mon. – Fri. 8 a.m. – 5 p.m.
<b>Community Health Plan</b>	1-800-440-1561 or 206-613-8985 TTY/TDD: 1-800-833-6388	<b>www.chpw.org</b>	Mon. – Fri. 8 a.m. – 6 p.m.
<b>Group Health Cooperative</b>	1-888-901-4636 TTY/TDD: 1-800-833-6388	<b>www.ghc.org</b>	Mon. – Fri. 8 a.m. – 5 p.m.
<b>Kaiser Foundation Health Plan of the Northwest</b>	1-800-813-2000 TTY/TDD: 1-800-324-8010	<b>www.kaiserpermanente.org</b>	Mon. – Fri. 8 a.m. – 6 p.m.
<b>Molina Healthcare of Washington, Inc.</b>	1-800-869-7165 TTY/TDD: 1-877-665-4629	<b>www.molinahealthcare.com</b>	Mon. – Fri. 7:30 a.m. – 5:30 p.m.

Si desea ayuda en español, llame al 1-800-321-0291.

한국어로 도움을 원하시면 1-800-324-1658로 연락하십시오. Nếu quý vị muốn được giúp bằng tiếng Việt, xin gọi số 1-800-423-2231.

To obtain this document in another format, call our Americans with Disabilities Act (ADA) Coordinator at 360-923-2805.  
TTY users (deaf, hard of hearing, or speech impaired), call 360-923-2701 or toll-free 1-888-923-5622.